**MONMOUTH CARDIOLOGY ASSOCIATES, LLC**

**STRESS ECHOCARDIOGRAM**

Your physician has ordered a stress echocardiogram. This test allows your physician to see how your heart muscle works both at rest and when your heart is stressed. Your heart can be stressed with exercise or it can be stressed with drugs that increase the heart rate or change the way blood flows through the coronary arteries.

**THE INSTRUCTIONS FOR THE TEST ARE AS FOLLOWS:**

1. Check with your physician regarding the need to take your medication.
2. Nothing to eat 2 hours prior to arrival time.
3. Wear sneakers or rubber soled shoes. Wear or bring sweat pants or shorts since you will be walking on the treadmill.
4. Please allow 45 minutes to 1 hour for the entire test.

**ARRIVAL TIME : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**APPOINTMENT TIME : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**REFERRALS ARE YOUR RESPONSIBILITY.**

**IF YOU NEED A REFERRAL FROM YOUR PRIMARY CARE PHYSICIAN**

**PLEASE BE SURE TO BRING IT WITH YOU.**

**Cancellation policy:**

Please give the office 48 hours notice if you are unable to keep your appointment. After hours, a message can be left with our answering service. Failure to do so may result in a $100.00 cancellation charge for a missed Test appointment. There will also be a $100.00 charge for missed New Patient Appointments. This charge will need to be paid before a second appointment can be made.

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| EATONTOWN OFFICE  11 Meridian Road  Eatontown, NJ 07724  732-663-0300 | FREEHOLD OFFICE  222 Schanck Road, Suite 104  Freehold, NJ 07728  732-431-1332 |

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